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AN EMMY WINNING GROUP PUBLICATION

HELLO!

STYLE SPECIAL

MANISH MALHOTRA,
SABYASACHI &
TARUN TAHLIANI ON THE
NEW INDIAN BRIDE

RAKUL PREET SINGH
FIT, FASHION FORWARD
& FABULOUS

EXCLUSIVE!
BEAUTY TIPS FROM
MAKE-UP ICON
PATI DUBROFF

THE SECRETS OF SISTERHOOD

SANJA WIRZA & ANANYA BIRLA

INDIA'S JET-SETTING NEW
BFFS BRINGING TWO
WORLDS TOGETHER



PLUS: THE INSIDE STORY, BEAUTY, FASHION, DIARY OF THE MONTH... AND MUCH MORE!

BRIDAL BEAUTY COUNTDOWN

Get a head start on your pre-wedding prep with HELLO!'s selection of must-have products to help you look and feel your best on your wedding day



BODY

Weddings can be stressful, but these products can transform your shower into a spa-like sensory experience. Incorporating a body scrub in your shower routine twice a week will ensure your skin is hydrated, smooth and glowing. And of course, every bride needs a signature scent and what better than Tom Ford?

1. **L'Occitane Artichoke Body Scrub**
₹4,000 myntra.com
2. **Bath & Body Works Gingham Vibrant Shower Gel**
₹1,899 bathandbodyworks.in
3. **Tom Ford Beauty Cafe Rose**
₹11,000 nykaa.com

FACE

In order to achieve that radiant bridal glow, a serum with active ingredients like glycolic and lactic acid are a great addition to your routine as they chemically exfoliate, resulting in brighter, clearer and blemish-free skin. Additionally, using a face oil, especially one with Vitamin C, can boost your glow; using a hydrating and depuffing under-eye product is essential for any bride-to-be!

1. **iS Clinical Active serum**
₹12,530 amazon.in
2. **Kama Ayurveda Eye Contour Renewal Serum**
₹2,495 kamaayurveda.in
3. **Biossance Squalane + Vitamin C Rose Firming Oil**
₹7,300 NNOW.com



HAIR

The trick to luscious locks on your wedding day is a good hairstylist and healthy hair! We recommend using products that nourish your tresses and eliminate the frizz. Oiling your scalp and hair pre wash makes a huge difference too. Investing in a good styling tool that gives you a salon-like finish every time is like the cherry on top.

1. **Ikonic PRO Waver Large**
₹6,700 ikonicworld.com
2. **Redken Acidic Bonding Concentrate Full Regimen**
₹5,670 nykaa.com
3. **Traya Scalp Oil + Calm Therapy Booster**
₹450 traya.health



EXPERT ADVICE

Dr. Geetika Mittal Gupta, aesthetic physician and founder of ISAAC Luxe, shares her top 10 tips

- Any cosmetic procedure must be planned 9-12 months before your wedding date.
- Follow a regular skin care regimen for three months before the big day.
- Eat hydrating fruits and maintain a healthy, nutritious diet.
- Meditate 4-5 times a week.
- Exfoliate weekly.
- Cleanse, tone and moisturise twice a day.
- Use SPF factor 30+ daily to protect the skin from UV. Don't forget to reapply every two hours!
- Use serum and moisturiser at night.
- To maintain the bridal glow, use chemical exfoliants such as AHAs (Lactic & Glycolic Acid), BHAs, PHAs and fruit enzymes that remove dead skin cells, and aid in cell turnover — soothing and brightening the skin.
- Most importantly, don't forget to get your beauty sleep! ☺

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